

Activity box

- Activity Sheet -



1. Find a box in your house (for example, an empty tissue box or a plastic container).
2. Decorate it with pictures of your choice.
3. Cut out the activity ideas and put them in the box.
4. When you need to clear your head, pick an activity from the box and do it!

Add other
activity ideas
that you like!

Activity ideas

To cut out and put in the box



Drawing	Dancing
Reading	Riding my bike
Going to the park	Playing ball
Calling a friend	Going to the library
Playing with my brother or sister	Preparing a show
Doing arts and crafts	Preparing an exhibition of my drawings
Writing a story	Reorganizing my room
Playing with toy cars	Playing with playdough
Playing with Legos	Playing a board game
Writing a card for someone I love	Doing a treasure hunt



Playing with costumes	Making up riddles
Making something with recycling items	Swinging
Playing shopping	Catching bugs
Pretending to be a superhero	Preparing a rock exhibition
Reading a story to someone	Drawing with chalk on the sidewalk
Singing	Going flower picking
Writing a comic book	Doing a puzzle
Playing hopscotch	Playing music
Painting	Making a video
Making a musical instrument	Making jewelry
Decorating my room	Learning a magic trick
Doing origami	Playing restaurant
Adding new activities to my box	Making a blanket tent
Watching a movie	



This box belongs to :





TOP SECRET

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**CAP^{SUR}
LA
Famille**

Image source: <http://thetinytotem.blogspot.com/2014/01/printable-mini-coloring-book.html?m=1>